

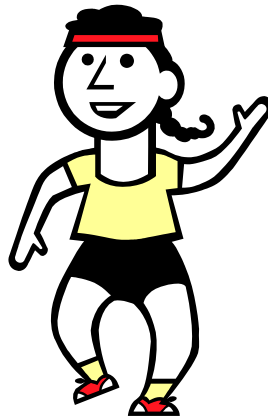
# Brain Gym

## A Two-Part Workshop

Tuesdays, November 15 & 22, 6:30-8:30 p.m.

Presenter: Kathy French

Special School District Central Office, Room 60  
12110 Clayton Road, just east of Ballas Road



This two-part workshop will introduce the participants to Brain Gym, a program of physical activities that enhance learning ability. The easy-to-do, patterned movements target brain function to promote optimal learning, communication, stress management and creativity. Brain Gym has been used in schools throughout the world to prepare children with the physical skills they need in order to learn to read, write and otherwise function effectively in the classroom. The second session will focus on applications for using Brain Gym. The information in this workshop is for parents, teachers and therapists. Resources will be provided. Please bring a water bottle.

Call 314-989-7807 to register (Relay MO 711 - Deaf/HOH) or register online at [www.solutionwhere.com/ssd](http://www.solutionwhere.com/ssd) (call the registration number for assistance with setting up an account).